

4/14/15

Equal Pay Day Luncheon

Bamboo Hale



April 14, 2015 was Equal Pay Day and AAUW Hilo marked the occasion with several members having lunch at Hawaii Community College's Bamboo Hale Cafe. Lunch was delightful as usual. The students are really getting to be pro's!

The Thai menu had spring rolls, salad, and a beef entree. The Asian Menu offered other delicious options, so everyone had plenty to choose from.

Our speaker was financial consultant, Roxanne Dante. She not only talked about financial issues, but also about issues related to women's "lower pay".

Just two more weeks left for the fine dining experience at HCC. Food from China on April 22 and the final meal for this semester on April 29, with food from Hawaii.

MENTORING UHH STUDENTS

ACADEMIC YEAR 2014/15



4/12/15 BOOK CLUB

BABY SHOWER/ BANNED BOOK



Sunday we had a monthly book club where we hosted member Ann Jordan Hunt with a Surprise Baby Shower. But first we discussed the "most banned book in 2014" - which was a wonderful book called "The Absolutely True Diary of a Part-Time Indian" by Sherman Alexie.

3/28/15

High Tea and Auction Fundraiser

Home of Carrie Blankfield.





Another Amazing event held by Carrie! Lots of great items; food and camaraderie!

GENERAL MEETING 3/25/15



Julie Goettsch presented her tremendous slide show on the underwater wonders in Hawaii, the Maldives, and Beyond. Amazing photos and great explanations of these undersea treasures. This followed our general meeting where we discussed upcoming events and women's issues.

MONTHLY HIKE

TRIP TO KIHOLE BAY

3/21/15



Today Susan Hicks arranged a hike for Kiholo Bay, a pleasant coastline walk with and swim in the Queens Bath. Susan said she never saw turtles like these here, swimming upstream as if they were salmon.

BAMBOO HALE -2/27/15 CARIBBEAN STYLE

Margaret Wille, County Council member from district #9, and Kristine Kubot, Recycle Hawaii, were the two speakers for the lunches. We had an impressive group of 15 members all eager to hear these women's initiatives on Zero Waste. It resulted in an engaging discussion on resource management issues.

BAMBOO HALE -2/15/15 GERMANY



Our Bamboo Hale Luncheon today traveled to Germany. An appetizer of Grilled House Made Bratwurst with house made sauerkraut, then we were served a Lentil Soup with cured bacon. Of course it wouldn't have been complete without an entree of Sauerbraten, red cabbage and spatzles in brown butter. Then if you still had some room, a dessert of German Chocolate Cheesecake with sweet cherry juice. Quite delicious.

Our speaker was one of our newer members, Marva Furnidge. She has led a very adventurous life. Her Grandmother traveled to Honolulu from California in 1920 with seven children ages 3-12 to work with the missionaries. It's what eventually brought Marva back to Hawaii when she retired. Started out with a tour in the armed services in Biloxi, Mississippi, then to New Orleans getting a nursing degree and finally to San Francisco obtaining a law degree.

MARDI GRAS WINE TASTING

FUNDRAISER FOR LOCAL SCHOLARSHIPS





**FUN TIME AT FUND -RAISING
FORTUNE TELLER SYLVIE DAHL**

WINE TASTING BY KADOTA LIQUORS

FREE COMMUNITY HEART/ STROKE HEALTH SYMPOSIUM

2/12/15



AAUW co-sponsored a Free Community Health Forum at UHH, along with the American Heart Association and the UHH Student Health and Wellness Program.

Dr. Lim, Cardiologist in Private Practice and at the Hilo Medical Center, discussed prevention of cardiovascular disease, heart attack, cardiac failure and stroke. Lynne Penek-Holden, Dietician, demonstrated easy healthy recipes, and Ann Oshiro-Kauwe from the American Heart Association had a large selection of heart health information literature available for the community.

2/11/15- ITALIAN THEMED BAMBOO HALE

Third week of Bamboo Hale transported us to Italy. Started off with Grilled Polpo, followed by a warm spinach salad with pear slices and cured Panetta. The entree was a scaloppini of pork loin and house made gnocchi. Some ordered the dessert which was a vanilla panna cotta.

Our speakers from Destination Hilo - Dinnie Kysar and Olya Jenkins spoke about the Hilo Gateway Aloha Ambassador and Hawaiian Culture Program.

2/9/15 - SCIENCE/ ENGINEERING FAIR AWARDS

Pictures of young budding scientists who won the Science/ Engineering Fair awards.



FREE SCHOLARSHIP APPLICATION WORKSHOPS

2/4/14 & 2/5/15





The AAUW Hilo Branch offered free workshops on how to write winning scholarship applications. The workshops are open to all students, male and female. Hints on writing successful scholarship applications of ALL types. Emphasis was placed on the importance of the Personal Statement portions of scholarship applications, as well as insight into why certain information is requested on these forms.

Top Picture: Community Workshop participants. Bottom Picture: AAUW members, Jane Panek, Phyllis Robinson; and staff of UH Hilo Academic Center-Karla Hayashi and Lindsey Heller.

GENERAL MEETING 1/21/15

IS SCIENCE A MERITOCRACY?

ISSUES OF DIVERSITY & EQUITY





Speaker Kathy Cooksey, Associate Professor of Physics and Astronomy at UHH enthralled the audience with her presentation on "Is Science a Meritocracy? Issues of Diversity and Equity". Agenda also included upcoming community events and scholarship fundraisers.

BI- BRANCH / KONA & HILO AT VOLCANO RIM RESTAURANT

LUNCHEON & VOLCANO AREA HIKE 1/17/15



HIKE TO THE TOP OF A CINDER CONE - 1/10/15



Our AAUW hiking group hiked to the top of a cinder cone on the Kona side today! About two miles straight up! Beautiful day!

AAUW HILO HOLIDAY PARTY 12/10/14



AAUW AT UHH- WOMEN & ART - 11/28/14



Hilo Branch participated in an UHH sponsored event on how Art Empowers Women. Shown is Rosemarie Muller, an UHH robotics student, and Bonnie Burke.

2ND GENERAL MEETING - 11/19/14



Well-known Hilo Jazz Vocalist, Lou Ann Gurney was the guest speaker at this meeting. Lou Ann, who had once been a winner of an AAUW scholarship while in college, spoke on "Whims". A branch business meeting followed this engaging topic.

HIKE TO GREEN LAKE 9/27/14



ROCK AND SOUL FUNDRAISER PARTY 9/26/14



With continuous music by live bands of Body & Soul and Jazz Mele, this event at the home of Kristen Luning was so much fun! Turns out Lou Ann Gurney, vocalist for Jazz Mele was an AAUW scholarship winner in college and she donated the money from selling her CDs last night all to AAUW! Mahalo Lou Ann.

FIRST GENERAL MEMBERSHIP MEETING OF THE BRANCH - 9/24/14



As newly installed President, Rosemarie Muller presented the new strategic plan to the group, originally drafted by the members of the branch executive board. Membership VP Elizabeth Hansen announced that we added 12 new members since Jan. 2014!

Rosemarie solicited input from the members present about ideas for the upcoming year as well as ideas for future. Scholarship Chair Mary Connie Banser presented a future plan for the branch to become an official non-profit so we can receive endowments for the scholarship fund. Event VP Kristen Luning reviewed the upcoming mentoring program and other events.



YARD SALE SAT. 9/13/14

Benefiting UHH Scholarships

Home of Susan Hicks

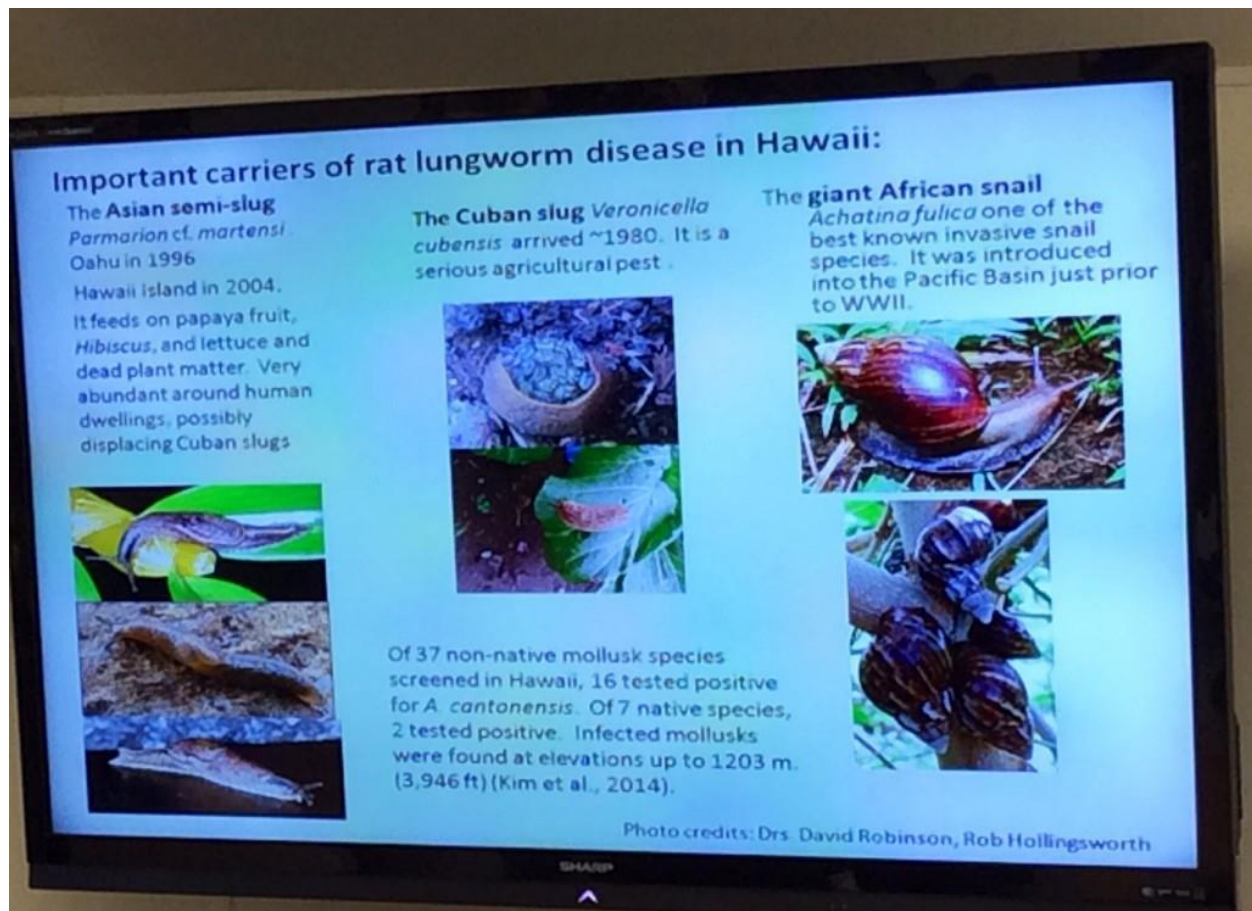
8/28/14

HILO AAUW / COMMUNITY EVENT

RAT LUNG WORM DISEASE

FREE PANEL PRESENTATION FOR THE COMMUNITY

UHH -PHARMACY DEPARTMENT



Rat Lung Worm Disease (RLWD) is an emerging global tropical disease increasingly found in Hawaii Island. The more valid updated information you know, the better you can protect yourself and your loved ones.

History of RLWD;

Updated Information from Current Research;

Best Defenses against this disease

Specific Strategies to Reduce Risk in Hawaii;

Info on Medical Treatment

Hear Testimonies of people who have had RLWD.

Panelists include: Susan Jarvi - UHH Associate Professor, Director of Pre-Pharmacy;

William Pettis-LAC Dean of Oriental Medicine, Director of HICOM Natural Health Clinic;

Steven Jacquier- Researcher/ Retired Professor/ Masters & ABD; Marlena Dixon State Health Department Disease Outbreak Control Division, Disease Investigation Branch.

ALOHA LUNCHEON - 8/23/14

Home of Linda Levine

Guest Speaker- Sara Witt:

"Connecting with your Legislative Officials



SPECIAL HIKE IN A RARE PLANT ENCLOSURE 8/14/14

Hike Length. 2 1/2 miles .Elevation . 3,800 ft.

Leader: Anya Tagawa, Biologist DLNR



**AUTHOR MARK PANEK DISCUSSED HIS BOOK "HAWAII, A NOVEL"
BOOK GROUP MEETING 8/10/14**



We were honored to have Mark Panek at our last Book Group Meeting. He reviewed his book as well as issues of being an author. The group was thrilled to hear him speak about his fascinating and comprehensive novel about Hawaii in recent years. A must read for those who live here and those who are planning a visit.

AAUW HILO MEMBERS WORK ON VOTER REGISTRATION

7/9 & 7/10/14



Workers at the Registration were: Roberta Vangoethem , Nina Buchanan, Liz Hansen, Laura Williams May, Susan James, June Conant, Phyllis Robinson, EricaJohnson, Mary Connie Banser, Kristen Luning, Shirley Mendoza, Karen Leger.

GMO PANEL DISCUSSION

5/29/14 /UHH- Science & Technology Building



In recent months Hawaii Island residents have been hearing bits and pieces of local debate on the efficacy of growing genetically modified crops for their consumption. These “genetically modified organisms”, or “GMO” crops have been discussed, promoted, assailed, and wondered about by almost all of us who live here. The Hilo Chapter of the American Association of University Women and the UHH Women’s Center

presented a free panel discussion examining both sides of this complicated and complex issue. AAUW member Julie Goettsch provided her services as the moderator.

Panelists representing the “Pro” position: Richard Ha, local farmer, businessman, owner of Hamakua Springs Country Farms and Hawaii Board of Agriculture member, as well as Russell Nagata, Hawaii County Administrator, University of Hawaii at Manoa/ College of Tropical Agriculture and Human Resources.

Panelists representing the “Con” position: Hawaii County Council Member representing North and South Kohala, and Chair of the County Agriculture and Sustainability Committee, as well as Dr. Hector Valenzuela, Professor, University of Hawaii at Manoa, College of Tropical Agriculture, and Vegetable Crops Extension Specialist.

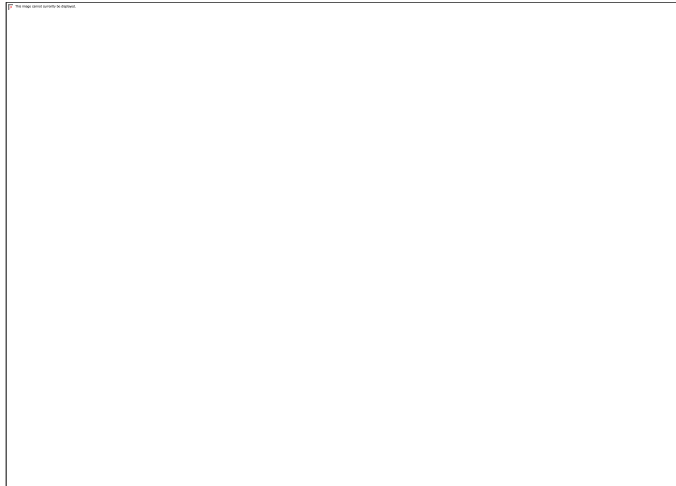
AAUW MONTHLY HIKE

5/10/14 - TO SHIPMAN BEACH

The hike is 2.5 miles one way from end of Kaloli Dr to Shipman Beach. 8 of us attended today's hike and enjoyed our lunch in the shade on shore & swim in the beautiful bay. There was a turtle & several fish in the water but not good for underwater picture taking because the water was too cloudy.

SCHOLARSHIP LUNCHEON HONORING FOUR INSPIRING Women 5/4/14





Ho'olaule'a Mei... May Day Hawaiian Style when we awarded our newscholarship winners, and had our general meeting. Home of Julie Goetsch, Hakalau. Our 2014 Scholarship winners were: Mary Kathleen Howe, Ilana Stout, Hoang-Yen Nguyen, Stacey Reed.

MENTORING STUDENTS AT UHH - CLOSURE CEREMONY 5/1/14



Dear Ms. Kristen Luning,
On the behalf of the Women's Center, thank you very much for providing an invaluable experience to the lives of these aspiring university students. The AAUW/ UH Hilo Women's Mentorship Program has grown considerably since its launch last year & it would not have been possible without your guidance & support for this program! Thank you very much for helping & assisting with coordinating a successful event! Sincerely,
Hannah Wu
Director of UH Hilo Women's Center
Ashley Fukuchi
AAUW Mentorship Co

LAST BAMBOO HALE OF SPRING - MAY 1, 2014

Our last lunch of the semester. It was an upscale take on Hawaiian Regional Cuisine. Our 1st course was Ahi Poke Stack Salad, 2nd course a Pork and Watercress Soup and our Entree was Chicken "Hawaiian Plate". Dessert was a Coconut Sorbet of Poi Balls and Tropical Fruit Garnish.

We have had the delight to experience many cuisines during this semester. Rosemarie would like to thank you all for your patronage and involvement with the students' culinary education at Hawaii Community College.

AAUW Hawaii State Bi-Annual Convention, Oahu

"Half the Rainbow-- Exploring the Challenges

& Opportunities for Women in Hawaii--APRIL 25- 27, 2014



AAUW-Hawaii (State Organization) held its bi-annual convention at the Ala Moana Hotel in Honolulu hosted by the Windward Branch. Our theme is borrowed from the Kristoff & DuWunn book, Half the Sky. Like the authors of this important publication, we explored some of the most disturbing challenges to the equality of women in our state: domestic violence, human trafficking, and the persistence of inequity in pay. Visits to the state capital; inspiring presentations. Time to re-connect our seven branches: sharing successes, brainstorming solutions to problems, and developing strategies to avoid burn-out among our leaders.

BAMBOO HALE - NEIGHBORHOOD PLACE OF PUNA - 4/24/14

Our speaker was Paul Norman, the executive director of Neighborhood Place of Puna. Their goal is to ensure that families have access to the resources and skills they need to raise safe and healthy children. He alerted us with many depressing statistics but also told us of some success stories. Since April is Child Abuse Awareness Month, Neighborhood Place of Puna is a great resource to recommend if needed for someone. Their services are free, voluntary, supportive and confidential. Our lunch bunch enjoyed a delicious menu of Japanese foods, with an awesome culinary presentation.

BAMBOO HALE: "SEX ON THE REEF"-- 4/16/14

AAUW member and scuba diver, Julie Goettsh presented a slide show titled, "What's under that gorgeous ocean view you have been looking at all this time?, or, Sex on the Reef". Her photos were just stunning. We had a great attendance of 18 members plus some guests. Menu was a special feast from the Philippines.



BAMBOO HALE: THE HUMAN GENOME-- 4/11/14

Guest speaker at Bamboo Hale's lunch was Dr. Rick Kelley. He is a retired geneticist from Houston, Texas. He makes his home now here in Orchidland. He explained to us about The Human Genome. The mapping and understanding of all the genes of the human being. He talked about the ethical, legal and social implications of this newfound genetic knowledge.

SILENT AUCTION/ HIGH TEA FUNDRAISER 3/29/14



Hats at the High Tea/ Silent Auction Fundraiser were a hit. So many great items to choose from has allowed us to fund a scholarship for one student in just one afternoon! Mahalo to Carrie Blankfield, hostess and auctioneer extraordinaire! Great job by Mary Connie Banser who assisted in getting every one to amp up their bids. Event at home of Carrie Blankfield of Hilo.

NATION OF VANUATU "KASTOM WEDDING" BAMBOO HALE 3/21/14



Member Rosemarie Muller shared some interesting information about the Melanesian Nation of Vanuatu. She passed around some pig tusks, mats and shared photos of her daughter's "Kastom Wedding" on the island of Pentecost in the nation of Vanuatu. South of the equator is Vanuatu, a country made up of 83 islands. Vanuatu is one of the World's least developed countries and has been labeled one of the "Happiest Places in the World".

The Kastom Wedding had many cultural ceremonies. There was a snake ceremony with yelling, whistling, and dancing with fire, smoke and water. A Red Mat Ceremony, a Pig Ceremony, then dancing, eating "laplap" and drinking lots of "kava".

LOOKING BACK, LOOKING FORWARD:

40 YEARS OF THE WOMEN'S MOVEMENT IN HAWAII- 3/20/14

UH Hilo Women's Center presents
Dr. Meda Chesney-Lind
Looking Back, Looking Forward:
40 years of the Women's Movement
in Hawaii!
March 20th, 2014
5:00pm-6:30pm
UH Hilo Science & Technology
Building Room 108
AAUW
BOOKS
 Meda Chesney-Lind is Professor of Women's Studies at the University of Illinois at Chicago. Nationally recognized for her work on women and crime, her books include *Girls, Delinquency and Juvenile Justice*, *The Female Offender: Girls, Women and Crime*, *Female Gangs in America*, *Invisible Punishment: Girls, Women and Crime*, and *Beyond Bad Girls: Gender Violence and Hype*. She has just finished an edited collection on trends in girls' violence, entitled *Fighting for Girls: Critical Perspectives on Gender and Violence*, published by SUNY Press.

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in girls' violence entitled: **Fighting for Girls: Critical Perspectives on Gender & Violence**, published by SUNY Press.

DRESS A GIRL AROUND THE WORLD BAMBOO HALE 3/14/14



Dress a Girl Around the World was the topic of AAUW speaker, Susan Hicks, at Bamboo Hale lunch on 3/14/14. Dress a Girl is a campaign under Hope 4 Women International. They are trying to bring dignity to women around the world since 2006. Susan and a few of her friends from the Center of Spiritual Living in Hawaiian Paradise Park get together and sew dresses out of pillowcases and fabric. They have sewed 500 dresses in the past two years. Susan told us that village pastors say that a girl wearing a new dress presents an appearance that she is well cared for and may discourage would be predators. Imagine- What if every girl had just one dress? At the Bamboo Hale we dined on a Mexican themed menu.

March 10-14, 2014

JOURNEY THROUGH THE UNIVERSE

THROUGH GEMINI FACULTY

**AAUW members served as ambassadors for program in Hilo Complex Schools
TEACHING AT AMER. UNIV. OF BEIRUT DURING THEIR CIVIL WAR 3/6/14
BAMBOO HALE**

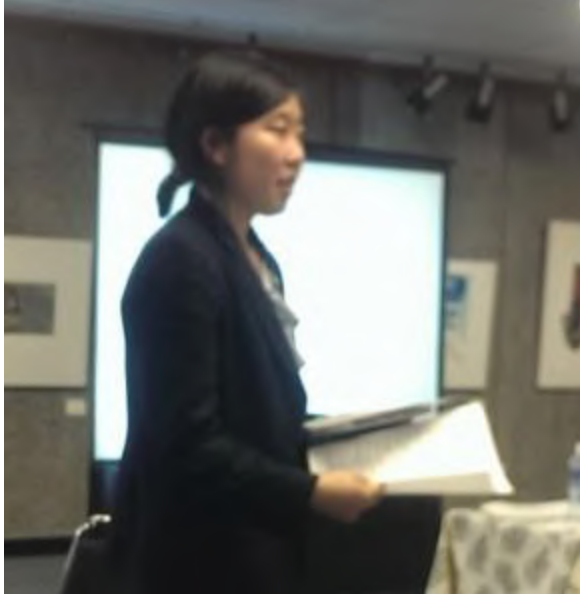
Our member, Laura Williams-May, gave an adventurous and hazardous description of her time while teaching at the American University of Beirut during their Civil War. We were served a Puerto Rican based menu.

OSCAR NIGHT VIEWING - FUNDRAISER FOR SCHOLARSHIPS - 3/2/14



So much fun at this dress up fundraiser. Red Carpet, Celebrity lighting, great camaraderie and everyone looking so great! Event at home of Elizabeth Hansen in Hakalua.

MENTORING STUDENTS AT UHH -- SPRING SEMESTER 2014



Hilo Branch's Mentoring Program started Feb.25 and will run the Spring Semester. AAUW was aligned with other women from Zonta and UHH faculty to become mentors for the UHH students. The Initial introduction was via a "Speed Mentoring". Ashley Fukuchi UHH Women's Center student staff did a wonderful job coordinating the event with Hannah Wu & Kristen Luning. Another UHH WC student staff Josh Lewis was noted for research and assessment. Kristen's mentee from last fall Rebecca Higan talked about her participation during the fall semester. Twenty two mentors and mentees had 2 minutes for each speed interview. It was very exciting with everyone talking and having a good time. Mentors made closing remarks about important concerns in education and careers. Matches will be announced 2.28 and mentors will contact mentees to make their 2 luncheon dates in March and April. A Closure Event will be held at the end of the Spring Semester.

2/18/14 MICRONESIA AT BAMBOO HALE



Dr. Ruth Robison, who has served as International Student Services Director at UHH, engaged our lunch members with an informative talk about The Federated States of Micronesia. She lived in Saipan for several years. She spoke of the diversity of the many islands as well as the rich culture of Micronesia. She also brought different ethnic shell necklaces for each lunch attendee. Luncheon consisted of a menu from the Southern Part of the United States.

2/21/14- At Bamboo Hale-- NEW BOOK Presentation



Hilo Branch member Nina K. Buchanan, Professor Emerita UHH, spoke about her new book, "Proud to be Different: Ethnocentric Niche Charter Schools in America." Book features chapters on Hawaiian, Native American, Black, Hellenistic, Turkish, Somali and Latino Schools. Co-author is husband Robert Fox, pictured with Nina Buchanan above.

2/20/14--GENETICALLY MODIFIED CROPS EXPLAINED BY GENETICIST

On 2/20/2014 AAUW Hilo Branch co-sponsored Dr. Rick Kelley to present a lecture on "The Genetics Behind Genetically Modified Crops" at UHH. Over 100 attendees from the community were at presentation, and people were lined up one half hour before the presentation to assure they got seats. Before retiring to Hawaii in 2012, Dr. Kelley was on the genetics faculty of Baylor College of Medicine in Houston where his research focused on the molecular mechanisms controlling how genes are activated or silenced. His talk on Feb. 20th was for nonscientists who want to understand the basic concepts of GMO crops and the controversy surrounding their use.

Feb. 19 & 20, 2014

Training - Writing Workshops for Scholarship Applications

In preparation for 2014 Scholarship applications, American Association of University Women (AAUW) Hilo Branch once again partnered with Kilohana, the Academic Success Center at UHH, to offer two Writing Workshops.

All UHH students were invited to attend, since improved skills in creating a Personal Statement could assist any student in many facets of their lives; from applying for scholarships to enhancing their chances for success in future work environments.

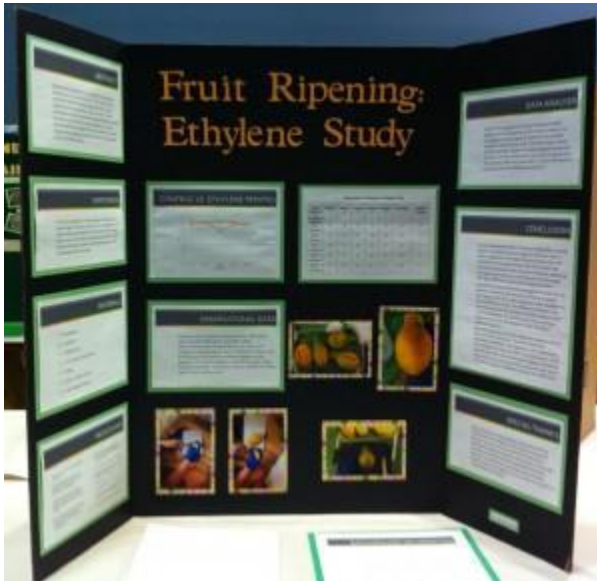
CPR ANYTIME- 2/14/14



Lunch at Bamboo Hale on 2/14/14 featured Sylvia Beanes from LA and who works for The American Heart Association. Sylvia gave a talk and demonstration on the new "Family and Friends CPR Anytime Kit. You can practice skills on your own inflatable manikin while watching a demo on the DVD. Each luncheon attendee received a CPR Kit on "Lifesaving skills in 20 minutes."

2/8/14 SCIENCE & ENGINEERING FAIR- HILO BRANCH

PRESENTS AWARDS



The Hawai'i District Science & Engineering Fair was held at the 'Imiloa Astronomy Center of Hawai'i for judging. The Science Fair Awards Presentation was held at UHH. AAUW members Barbara Meguro and Kristen Luning judged & awarded 10 junior female research students in the junior division. Cash awards and certificates of merit were given to the 10 students. Winning topics ranged from Habitat Study on Pacific Golden Plover (Kolea); to Ocean Acidification, what shall we do?

ORCHID ISLE PROJECT EXPLAINED BAMBOO HALE 2/4/14

Since the Hawaii County Council has officially proclaimed 2014 as the year of the Hawaii Grown Orchid, Julie Goettsh, past president of Hilo Orchid Society, spoke about the Orchid Isle Project she is directly involved in. The project is about placing orchids in parks, public places and anywhere that visitors and residents can see and enjoy. She also showed us the 2014 Orchid Calendar that was created. Before everyone left, she presented each attendee with an orchid/growing kit to hang on a tree at their home.

KONA/ HILO BI-BRANCH LUNCHEON 1/11/14



At the Annual Kona/ Hilo Bi-Branch meeting held in Hawi, members of both groups shared event highlights from 2013 and watched a slide presentation on Hawaii sea life.

Dec. 12, 2013- Holiday Party



Annual Holiday Event at the home of Mary Connie Banser in Keeau enjoyed lots of guests.

11/16/13 HIGH TEA & PRESENTATION



High Tea event held at the home of Dinnie Kysar in Hakalau enjoyed a presentation by JoAnn Aguirre, owner of "Teaching Tea" Shop in Hilo.

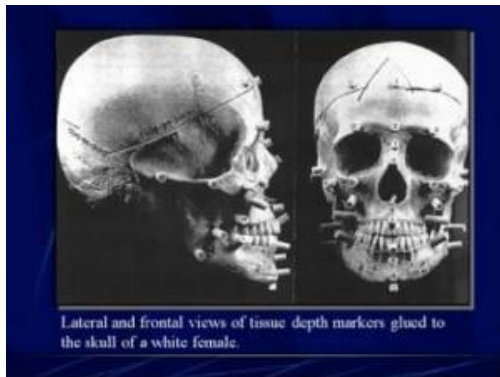
10/26/13 PROGRESSIVE DINNER



Food and fellowship just naturally go together. Each course taking place at a different member's home. Progressive Dinner at three different homes in close proximity
Homes of Jethlyn Gregory, Erica Johnson, and Nina Buchanan

OCT. 3, 2013

WOMEN IN POLICE WORK FORENSIC ART & FACIAL RECONSTRUCTION



Presentation by new AAUW member Ingrid Dean, retired Michigan State Police Sergeant, now working for the Hawaii Police Department. The art presentation explains how forensic artists generate drawings of suspects and how they create likenesses of unidentified people with clay on human skulls.

August 2013- Aloha Luncheon



Started the new AAUW season on a great footing with Aloha, great food, and meeting new members. Great presentations included overview of AAUW National Convention by Barbara Iwami and Virginia Stein, as well as a discussion by new member Margaret Wille, Hawaii County Councilwoman.